

Attors  
Lidos  
Teatro dal 1982

campsirago  
residenza

CANTABILE ②

# CREATING TRANSFORMATIVE ENCOUNTERS 2019

An International Intensive  
Workshop in Participatory and  
Human Specific Performance

14-22 March in Quartu S.Elena, Italy

2-10 May in Vordingborg, Denmark

19-27 September in Campsirago, Colle Brianza, Italy



## **WELCOME TO THE UNIVERSE OF CANTABILE 2**

The focus of Cantabile 2's performances is the intimate encounter between individuals. The ambition of our artistic work is to create the grounds for extraordinary, here and now, meetings between people. The performance frames and the unconventional interaction patterns are to enable both, performers and audience members, to be receptive and responsive to each other, to share and witness the beauty of vulnerability. To achieve that we create performance universes that can accommodate a very specific number of participants, where each and every person is seen, touched and spoken to and where all senses are involved in the communication. A special quality of Cantabile 2's Human Specific work is the basic principle of non-fiction; abandoning the concept of role and character.

# INTRODUCTION TO THE WORKSHOP

Creating Transformative Encounters is a workshop in Participatory and Human Specific Performance open to English-speaking participants from all countries, and all teaching will be in English. The workshop is addressed at professional performers, live artists, theatre makers and other professionals with interest in close encounters between individuals. The nine days long, intensive workshop will be focused on exploring interactivity, participation and intimacy in different spaces, mainly away from the classical theatre stage.

Participants will investigate in which ways emotional and sensorial responses are created together with the participating audience, through sincere, non-fiction-based communication. The boundaries for intimacy between strangers will be challenged, evoking authentic, receptive and trusting modalities of participation.

A lot of focus will also be put on exploring and creating performative, interactive games and rituals between participating audience and performer. The students will experiment with developing participation based on interactions, drawing inspiration from both traditional ceremonies and from computer based adventure games, and modern board games.

Working individually, in pairs or in small groups, the participants will research an artistic language that speaks directly to the senses and replaces fiction with true here and now presence. Some of the specific themes and exercises will therefore be connected with:

- The creation of a sensorial universe. Devising and guiding sensorial experiences.
- Relating to a participating audience within a structure of personal interaction.
- Exploring borders of emotional and intellectual interaction.
- Using non-traditional spaces for framing experiences with journey-like structures.
- The creation of a true personal connection, within a set frame of a performative universe.
- Use of personal, biographical material outside of the typical storytelling frames.
- Different forms of open dramaturgy, labyrinth-like performance structures.
- Creation of small interactive group dramaturgies.
- Risk taking: the performer in the double role of guide and protagonist.
- Physical contact with a participating audience.
- Creating a non-invasive environment for bodily communication.

*For the full programme and practical information see page 4-5.*

# WORKSHOP PROGRAMME

Creating Transformative Encounters is a residential course. The participants will spend all 9 days at the facilities, where the workshop takes place. Venues are presented at page 8.

The course involves a total of 75 hours of intensive work, culminating in the creation of a short public presentation.

The work schedule might be adjusted on a day-to-day basis, due to the nature of the teachings, but generally our training schedule will look like this:

## **DAY 1**

18.00 Welcome dinner followed by workshop introduction at 20.00.  
Participants can arrive at the facilities from 14.00 onwards.

## **DAYS 2-4**

08.30 Morning teaching session (body and mind exercises, basic techniques)  
12.00 Lunch break and rest  
15.00 Afternoon teaching session (exercises and interaction practices)  
18.30 Dinner  
20.00 Evening session (talks and games)

## **DAYS 5-7**

08.30 Morning teaching session (warm-up, preparing scenic material)  
12.00 Lunch break and rest  
15.00 Afternoon teaching session (preparing scenic material)  
18.30 Dinner  
20.00 Evening session (talks and games)

## **DAY 8**

08.30 Morning rehearsals  
12.00 Lunch break and rest  
14.00 Afternoon rehearsals  
17.00 Break and preparation for public showing  
**19.00 Public Showing and audience feedback session**  
21.00 Dinner

## **DAY 9**

08.30 Morning teaching session (body and mind exercises)  
10.00 Closing ceremony with diplomas and lunch  
15.00 Check out. *Please do not plan your departure before 15.00.*

# PRACTICAL INFORMATION

## APPLICATION PROCEDURE

The Creating Transformative Encounters Workshop can be joined by application only. To apply send a short mail with your motivation for applying along with a CV to: [teater@cantabile2.dk](mailto:teater@cantabile2.dk)

Your application will be processed within five working days after receiving it and you will receive an answer as to whether you are chosen as a participant. Upon acceptance, you will be requested to pay a deposit, according to deadlines as mentioned under Payment 1 below. In case of later cancellation on your part, the workshop deposit will not be refunded. The number of participants is limited to a maximum of 10.

## PAYMENT

Prices for the workshop are as follows:

Net workshop price (INCLUDING FULL ACCOMMODATION): 725 € or 5.400 DKK

Price without accommodation is 535 € or 4.000 DKK

**Payment 1:** 200 € or 1.500 DKK – the same amount with or without accommodation. This payment is non-refundable and secures that you have one of the 10 available participant slots in the workshop.

*Deadlines for payment 1:*

14 February for the workshop in Quartu S.Elena, Italy (14-22 March)

21 March for the workshop at Cantabile 2's facilities in Denmark (02-10 May)

1 August for the workshop in Campsirago, Colle Brianza, Italy (19-27 September)

**Payment 2:** 525 € or 3.900 DKK (with accommodation) / 335 € or 2.500 DKK (without accommodation)

*Deadlines for payment 2:*

7 March for the workshop in Quartu S.Elena, Italy (14-22 March)

25 April for the workshop at Cantabile 2's facilities in Denmark (02-10 May)

12 September for the workshop in Campsirago, Colle Brianza, Italy (19-27 September)

## ACCOMMODATION

You will be staying at the facilities of the chosen workshop or in a private home or Airbnb near the workshop location. The facilities of Cantabile 2 in Vordingborg, Denmark, will also include access to a common kitchen and a common bathroom and free wifi connection. For further questions about details of accommodation please write Helle Luel at [helle@cantabile2.dk](mailto:helle@cantabile2.dk).

# THE TEACHERS



**NULLO FACCHINI** (*Italy/Denmark, born 1960*) started working professionally with theatre from 1981 as director assistant at Teatro Nucleo in Italy. In 1983 he founded his own company, called Cantabile 2, which he still directs today. In 1984 the company moved to Denmark. Cantabile 2 has now, since 1990, status of Regional Theatre of Vordingborg in Denmark. Nullo Facchini also initiated and was principal at School of Stage Arts, (1988-2006) which for almost two decades has been the only Danish alternative to classical theatre schools. Facchini is also the creator and artistic curator of the WAVES Festival, a biennale presentation

of international theatre, dance and performance that has taken place in Vordingborg since 1991. In his early career Nullo Facchini directed many indoor and site specific pieces, with a very stark visual style and poetic language, often blending theatre and dance. With the performance *The Venus Labyrinth* from 2003 he took a drastic turn in his work, now focusing on intimacy and personal interactions between the performers and the audience members. Nullo Facchini has won several Danish prizes and awards through the years, latest in 2018 when Cantabile 2's human specific performance *Hidden Number* won the Danish Reumert Award for Best Performance of the Year.

**SIRI FACCHINI HAFF** (*Denmark, born 1977*) was educated in 2004 from Cantabile 2's School of Stage Arts (DK). Since then she has been part of the core team at Cantabile 2, taking part in performances, touring nationally and internationally, and assisting the artistic direction of the company's bigger productions. She has toured several solo pieces. She has done extensive voice training at Complete Vocal Institute (DK) and Centre for Creativity and Theatre (DK). She has done music studies at Clarendon College, Nottingham (UK), and studied physical acting in Buenos Aires as well as traditional dances in Ghana. For 20 years she



has studied a range of disciplines within meditation, physical awareness and tantra with teachers such as Yongey Mingyur Rinpoche, Byron Katie and Mooji. Siri is director of Cantabile 2's Children and Youth Activities, and the last 15 years she has been a teacher at Cantabile 2.

**KAROLINA PIETRZYKOWSKA** (*Poland, born 1979*)

is a performer with stage and street theatre background, educated at Lart Acting Studio in Krakow, Jagiellonian University Institute of English Studies and University of Warsaw Faculty of Psychology. In Poland she collaborated with, among others, Jerzy Zon (Theatre KTO) and Marcin Herich (Theatre A PART). Since 2008, she has been working with Cantabile 2 as a freelance artist on our Human Specific productions, and in 2016 she became a fulltime member of Cantabile 2's creative team. She is dedicated to researching and developing forms of participatory theatre, where individual audience members are central for the dramaturgy, and she has been teaching Cantabile 2's workshops and assisting the director during various productions.



## **STATEMENTS** FROM PREVIOUS WORKSHOP PARTICIPANTS

It was such a great experience, very dense. So many emotions came out. It was a very useful work about how to structure these transformative encounters, and my hope is to integrate this whole experience into my life when I come back home.

*Maria-Gulia, Italy*

I really had Transformative Encounters with the outside guests coming to attend my work at the night of showing. Meetings that I will never forget, which my emotions come across now and then, and some that I even still tell others about.

*Valdemar, Denmark*

The reason I signed up for the course was because I would like to allow myself to dive into this world where fantasy is of great importance. And I have been stimulated in my imagination and my curiosity has been fed to full during these eight days. In addition, something happened that I did not expect at all, namely that I have developed such a very sensitive feeling in my body. I really feel that my body is so much present in this room right now.

*Nanna, Denmark*

The best thing I bring with me back home is that I really want to do theatre again. These days I've had experiences that I haven't had since I started making theatre. It's a really big thing to get back this kind of starting point. I have learned to have a close relationship with spectators and getting something back from a spectator – there is more than just getting applause.

*Marianne, Germany*

# WORKSHOP VENUES 2019



## **14-22 March in Quartu Sant'Elena, (CA), Sardinia in Italy.**

*The workshop is hosted by Teatro Actores Alidos.*

The city of Quartu S.Elena lies on the beautiful southern coast of Sardinia in Italy. Teatro Actores Alidos is a theatre company with a long history, and is one of the island's most active and relevant residency sites.



## **2-10 May in Vordingborg, Denmark at the facilities of Cantabile 2.**

*The workshop is hosted by Cantabile 2.*

Cantabile 2 is the Regional Theatre of the City of Vordingborg in Denmark. The workshop will take place in one building of the Old Psychiatric Hospital, where Cantabile 2 now resides, and in the vast coastline park surrounding the area.



## **19-27 September in Campsirago, Colle Brianza, (LC), Lombardy in Italy.**

*The workshop is hosted by Campsirago Residenza.*

The village of Campsirago is deeply immersed in the nature of the Italian Prealps in the Province of Lecco. Campsirago Residenza is one of Lombardy's most important meeting places for European theatre and performance artists. The workshop will take place in the company's indoor spaces, in their yurt and in nature.



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